

2023-2028 Edition

# Guide

to Parental Rights and the QPIP



For members of unions affiliated with the Fédération des professionnelles et professionnels de l'éducation du Québec (FPPE-CSQ)

Sécurité sociale

CSQ  
Centrale des syndicats  
du Québec



FÉDÉRATION DES PROFESSIONNELLES  
ET PROFESSIONNELS DE L'ÉDUCATION  
DU QUÉBEC (CSQ)



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### Personal Timeline – Maternity Leave: Required Notices and Deadlines

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# IMPORTANT

PLEASE READ THE FOLLOWING SECTION FIRST

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## Foreword

The goal of this document is to provide a summary of the rights provided by the collective agreement, the Québec Parental Insurance Plan (QPIP) and the Commission des normes, de l'équité, de la santé et de la sécurité du travail (CNESST). It is available from your union or at [securitesociale.lacsq.org/droits-parentaux](https://securitesociale.lacsq.org/droits-parentaux). It is understood that the collective agreement and relevant laws remain the true source of these rights and that this document thus has no legal value.

While this document covers key aspects of the QPIP, we recommend you also visit [rqap.gouv.qc.ca/en](https://rqap.gouv.qc.ca/en) or read the QPIP information brochures.

**It is important that you consult your union to ensure you are fully aware of all rights relating to your personal situation.**

## Who Should Read This

This document is intended for regular professionals and those with replacement or occasional status whose contract is for three or more months. For professionals hired for less than three months, the Act respecting labour standards applies (see *Guide pour les syndicats non visés par les conventions du secteur public* [in French only] at [securitesociale.lacsq.org/droits-parentaux](https://securitesociale.lacsq.org/droits-parentaux)).

This reference document applies to Francophone school service centres (P1 2023-2028). In other cases, some adjustment or adaptation may be required (for English, Cree, and Kativik school boards, **talk to your union**).

Persons who live outside Québec should also talk to their union, since they will be covered by EI rather than by the QPIP.

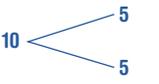
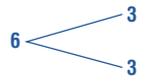
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# A. The Québec Parental Insurance Plan (QPIP) at a Glance

## 1. Basic Plan and Special Plan – Summary Table for Biological and Adoptive Parents

Type of benefit	Basic Plan		Special Plan	
	Number of weeks of benefit	% of average weekly earnings	Number of weeks of benefit	% of average weekly earnings
<b>Biological Parents</b>				
Maternity (exclusive)	18	70%	15	75%
Paternity (exclusive)	5	70%	3	75%
Parental (shareable)	32 	70% 55%	25	75%
Parental (additional)	4 <sup>i</sup>	55%	3 <sup>ii</sup>	75%
<b>Adoptive Parents</b>				
Welcome and support (shareable)	13	70%	12	75%
Adoption (exclusive)	10 	70% 70%	6 	75% 75%
Adoption (shareable)	32 	70% 55%	25	75%
Adoption, additional (shareable)	4 <sup>i</sup>	55%	3 <sup>ii</sup>	75%

Note: Both parents must choose the same plan (this choice is irreversible, with rare exceptions). The first parent to apply makes the choice.

i If each parent actually took 8 shareable benefit weeks first.

ii If each parent actually took 6 shareable benefit weeks first.

### NEW BENEFITS (Bill 51 passed on October 9, 2020)

#### Adoption-Related Welcome and Support Benefits

New shareable welcome and support benefits are available to meet the specific needs of parents who adopt a child.

#### Adoption Benefits

The number of benefit weeks has increased, and each parent gets a certain number of non-shareable (exclusive) benefits.

#### Sharing Parental or Adoption Benefits

Additional benefits are available when both parents share a minimum number of parental or adoption benefit weeks. The parents can also share the additional benefit weeks.

#### Birth or Multiple Adoption Benefits

Each parent qualifies for additional weeks of exclusive parental or adoption benefits. Under the Basic Plan, 5 benefit weeks at 70% of earnings are added for each parent. Under the Special Plan, 3 benefit weeks at 75% of earnings are added for each parent.

#### Single Parent Benefits

For births or adoptions where just one parent is named on the birth certificate (or equivalent document for an adoption), additional parental or adoption benefit weeks are granted. **Under the Basic Plan, 5 benefit weeks at 70% of earnings are added.** Under the Special Plan, 3 benefit weeks at 75% of earnings are added.

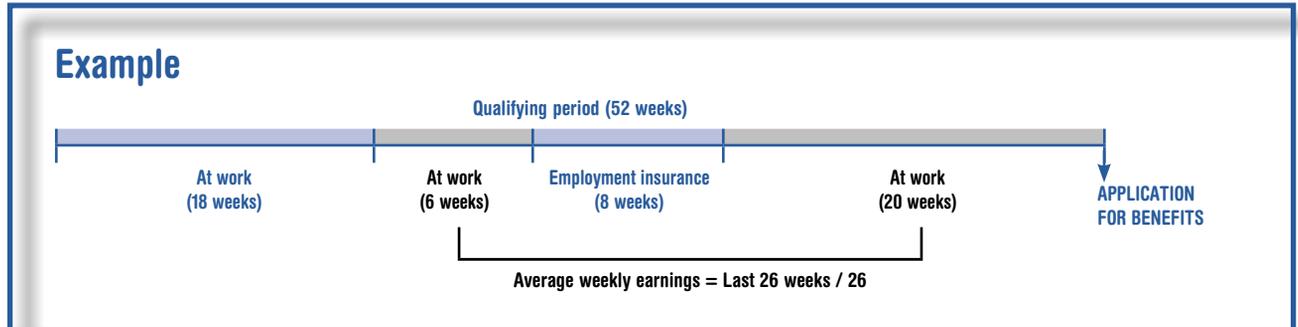
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## 2. How Much?

Depending on the case, the benefit amount is set at 75%, 70% or 55% of the person's average weekly earnings (AWE) up to a maximum of \$1,808 in 2024 (or \$94,000 per year). **This is usually the average for the last 26 weeks** of the qualifying period (52 weeks) **in which the applicant had insurable earnings** (employment or business income, including vacation, paid leave, overtime, bonuses, etc.).

**Weeks where no insurable earnings were received are not part of the count for these 26 weeks.** This applies, for example, to weeks where a person might have had preventive leave benefits (CNESST), QPIP benefits for a previous child, EI benefits, or no income at all. These weeks have no effect on average weekly income.

However, each week where you have insurable earnings, **regardless of how little**, will be included in the 26 weeks used to determine your benefits. It is the 26 most **recent** weeks of insurable earnings that will be used, not the 26 best.



The minimum divisor to determine average weekly earnings is 16. That means if a person has **at least 16 weeks** in their qualifying period and an employment income fairly consistent with their usual earnings, they will be entitled to reasonably good benefits.

There are a number of exceptions whereby qualifying periods can be extended or modified to improve the benefit rate (preventive leave, closely spaced pregnancies, Employment Insurance [EI], etc.). These cases (Sections 31.1, 31.2 and 32 of the Regulation under the Act respecting parental insurance, among others) make it possible to go back further than 52 weeks (maximum 104 weeks) to find more weeks with work income or to move or change the qualifying period (see pages 16 and 17). In the case of closely spaced pregnancies, for example, Section 31.1 provides for the same benefit rate for the second child as for the first, but only if certain very strict conditions are met. It may also sometimes be helpful to file for benefits early (see page 17). **Consult your union.**

QPIP benefits are calculated based on a person's **gross** income (**personal rather than family**) and subject to tax (federal and provincial), but these are the only deductions the QPIP will make. These benefits have no other deductions (QPP, Employment Insurance, QPIP, RREGOP, union dues, etc.), but the QPIP usually does not deduct enough taxes, often resulting in an onerous tax bill the following spring. To avoid this occurrence, when applying for benefits you can ask that the QPIP deduct more federal and provincial tax.

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## 3. Who and When?

The first condition of eligibility for QPIP benefits is that you must have had at least \$2,000 in insurable earnings in the qualifying period (see previous item).

The second condition is that you must have stopped receiving pay. This is usually when a person starts maternity, paternity, or adoption leave (after the five-day paid leave, where applicable). Once this condition is met, you can start what is called a benefit period (that is, the period when benefits may be paid). The benefit period always begins on a Sunday, as the QPIP week runs from Sunday to Saturday.

The benefit period was extended as of January 1, 2021.

- Maternity benefits: From 16 weeks before the expected delivery date to 20 weeks after delivery
- Paternity and parental benefits: From the week of the birth to 78 weeks later
- Adoption or adoption-related welcome and support benefits: From the week the child arrives into care (or five weeks before for international adoptions) to 78 weeks later

Within these guidelines, the QPIP allows a great deal of freedom. Both parents can get benefits at the same time or one after the other. In addition, parents can suspend and resume benefit payments as they choose.

Parents who suspend the payment of their benefits to go back to work, for a few weeks or a few months, may ask for a benefit rate recalculation that would take this new work income into account, if this proves more advantageous (Section 26 of the Regulation under the Act respecting parental insurance).

It is important to stress that the QPIP pays benefits but does not grant leaves of absence. It is your employer that grants the leaves of absence needed to collect these benefits under the terms of the collective agreement or, if not applicable, the Act respecting labour standards. This means you must get a leave of absence from your employer before applying for QPIP benefits. **Talk to your union.**

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#### 4. Which Plan Should I Choose?

For a mother who wants to take **46 weeks or more** off work, the Basic Plan is a better option because additional benefits from the employer are factored in. For an absence of **45 weeks or less**, the Special Plan is a better option overall even though you may have no income in the last weeks.

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#### 5. How?

It is best to apply for benefits on the QPIP website ([rqap.gouv.qc.ca/en](http://rqap.gouv.qc.ca/en)), which has all the information you need. Each parent must file their own application. As a general rule, you cannot apply before the Sunday of the week you want to start getting benefits (unless you are filing early – see page 17). **Talk to your union.** Records of employment<sup>1</sup> for the weeks preceding the application, which are needed to process it, are usually sent electronically by the employer. We recommend you ask for a copy. If your employer is slow to issue a record of employment, file your application anyway.

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#### 6. Earning Income While You Receive Benefits

**Gross** employment earnings (including paid sick leave<sup>2</sup>) are normally viewed as concurrent income and may be deducted from QPIP benefits. However, the QPIP does not factor in additional benefits paid by the employer during maternity, paternity or adoption leave.

A person who is entitled to concurrent income or earnings for a given week may call the QPIP's Centre de service à la clientèle (1 888 610-7727) to ask that benefits be suspended for that week. However, they must do so before the benefits are paid. If applicable, the week(s) of suspension will only postpone, for a corresponding period, the moment when the benefit payments are made. During the payment period for all benefit types, each dollar of concurrent income over and above the exemption is deductible. The exemption is calculated by subtracting the benefit amount from the average weekly earnings amount used to calculate QPIP benefits.

For example, if a professional has an average weekly income of \$1,000 and a QPIP benefit of \$700 (70%), the exemption will be \$300. If a professional gets employment earnings of \$400 and a QPIP benefit in the same week, the \$100 surplus is deducted from the benefit (\$400 earnings – \$300 exemption). Visit [rqap.gouv.qc.ca/en](http://rqap.gouv.qc.ca/en) to learn more.

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<sup>1</sup> The same form is used for EI (normally called "termination of employment").

<sup>2</sup> The paid sick leave amount should be allocated in 2 equal portions over the 2-week pay period where it is provided. **Talk to your union.**

# B. Pregnancy – Special Leave

## 1. Collective Agreement Provisions (Clauses 5-13.20 to 5-13.22)

### a. Preventive leave or interim reassignment for professionals who are pregnant or breast-feeding (Clause 5-13.20)<sup>3</sup>

If a professional's working conditions entail risks to herself, her unborn child or the child she is breast-feeding, she may be immediately reassigned to other duties at the same job category or, if she consents, at another job category. Professionals wholly or partly reassigned for these reasons will retain their regular salary and benefits.<sup>4</sup>

Key reasons for reassignment or preventive leave include:

- Risk of violence or aggression
- Extensive travel from workplace to workplace
- Parvovirus (fifth disease)
- Other biological risks (rubella, chickenpox, whooping cough, measles, mumps, etc.)

However, pregnant professionals who cannot perform their job due to personal health issues may qualify for a leave of absence due to complications or risk of miscarriage (see 1.b.).

If reassignment is not immediately possible, the professional may go on a preventive leave during which she gets an income replacement indemnity (IRI) from the CNESST. For professionals who qualify for QPIP, CNESST IRI benefits end as of the fourth week before the expected delivery date, at which point the professionals can begin their maternity leave and QPIP benefits.

Income during preventive leave is as follows:

First 5 working days	Regular salary is paid by the service centre
Next 14 calendar days	90% of net salary is paid by the service centre
Subsequent days	90% of net salary is paid by the CNESST <sup>5</sup>

The QPIP treats the first 5 workdays as insurable earnings. However, the 90% compensation paid by the CNESST (or by the service centre for the first 14 days) for preventive leave is not considered insurable earnings, but these weeks extend the qualifying period used to calculate benefit rates and average weekly earnings (see page 5).

Preventive leave, the collective agreement, and the QPIP may interact in complex and varied ways, especially in cases of closely spaced pregnancies, but adverse effects from these interactions can often be reduced or eliminated. **Talk to your union.**

### b. Complications or risk of miscarriage (Clauses 5-13.21 a), 5-13.22 and 5-10.31)

In cases involving complications or risk of miscarriage (high-risk pregnancy, placental abruption, anemia, gestational diabetes, back pain, etc.), the professional will qualify for special leave and salary insurance benefits (including sick leave, where applicable) for a period stated on the medical certificate but not extending past the day before the birth.

However, if the service centre refuses to continue salary insurance benefits after the start of the fourth week before the expected delivery date, **talk to your union.**

Note: The QPIP treats salary insurance benefits paid by the employer as insurable earnings. Thanks to the Centrale des syndicats du Québec's (CSQ) efforts, we have been able, since 2012, to use Section 31.2 of the Regulation under the Act respecting parental insurance to ensure these benefits do not reduce your QPIP benefits (see page 19). **Talk to your union.**

<sup>3</sup> If you want to learn about preventive leave for pregnant or nursing workers, check "Retrait préventif" tab in the "Santé et sécurité du travail" section of the CSQ website (in French only).

<sup>4</sup> The same should apply when professionals are removed from some of their duties but not reassigned. **Talk to your union.**

<sup>5</sup> Maximum eligible earnings of \$94,000 in 2024.

**c. Termination of pregnancy (miscarriage or abortion) prior to the start of the 20<sup>th</sup> week before the expected delivery date (Clauses 5-13.21 b), 5-13.22 and 5-10.31)**

The professional qualifies for a leave of absence and salary insurance benefits (including sick leave, where applicable) for as long as stated by the medical certificate.

**d. Pregnancy-related medical appointments (Clauses 5-13.21 c) and 5-13.22)**

Five days with pay may be taken in half-days, at the professional's discretion. Sick days may be added to this.

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**2.**

Professionals on preventive leave or reassignment retain all the rights and privileges of their regular position.

Benefits retained while on special leave 1. b., 1. c. or 1. d. are the same as those retained on maternity leave (see page 9).

**Information  
on All Types of  
Special Leave  
(Clauses  
5-13.20 to  
5-13.22)**

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**3.**

For the duration of special leave 1. a., 1. b. or 1. c., the RREGOP will recognize exactly the same service as if the professional were still at work, without the professional having to pay contributions or take action of any kind.

The same applies to medical appointments (1.d), but the usual RREGOP contributions are deducted by the service centre.

**Pension Plan  
(RREGOP)  
Provisions**

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**4.**

**a. Interim reassignment and preventive leave (1. a.)**

Talk to your doctor, who will fill out the *Certificat visant le retrait préventif et l'affectation de la travailleuse enceinte ou qui allaite* (Certificate of Preventive Leave and Reassignment for Workers Who Are Pregnant or Breast-Feeding [French only]) and the form provided for this purpose after consulting the Direction de la santé publique (DSP) or CLSC.<sup>6</sup>

Give the service centre a copy of the certificate along with a copy of the DSP or CLSC report as soon as possible. Pending test results, the professional must be reassigned or removed from the workplace. **This period does not have to be covered by sick leave or overtime recovery.**

**What You  
Need to Do**

**b. Special leaves 1. b., 1. c. and 1. d.**

Notify the service centre as soon as possible and give them the relevant medical records.

Each pregnancy-related medical appointment must be confirmed by a medical certificate or a written report signed by a midwife.

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<sup>6</sup> For biological risks, it is important to act from the start of your pregnancy. If your own doctor is unavailable, go to an emergency clinic.

# C. Maternity Leave

## Collective Agreement Provisions (Clauses 5-13.05 to 5-13.19)

1. To qualify for benefits paid by the service centre, the professional must have accumulated at least 20 weeks of service in the public or broader public sectors in the course of her career<sup>7</sup> (Sections 5-13.14 C)).

### a. Professionals who qualify for QPIP benefits (Clauses 5-13.05 to 5-13.10)

A professional who qualifies for QPIP benefits is entitled to a leave of **21** weeks:

- With additional benefits paid by the service centre (difference between the QPIP and approximately 90% of salary)
- Taken consecutively (subject to Clause 5-13.09 – see page 16)
- Allocated at the professional's discretion but which must include the delivery date

Complementary benefits per pay period for the 21 weeks of leave are calculated as follows:

100% of the first gross \$225 of the basic weekly salary<sup>8</sup>  
plus  
88% of the amount in excess of the first \$225  
minus  
Benefits paid or payable by the QPIP

## Example

Basic weekly salary: \$1,200  
QPIP benefits at 70%: \$840  
\$225  
+  
88% x (\$1,200 - \$225)  
-  
\$840  
= \$225 + \$858 - \$840 = \$243

In this example, the QPIP benefits of \$840 plus the service centre allowance of \$243 result in a total income of \$1,083, or 90% of the usual gross weekly salary. This percentage will range from 90% for higher wages to 100% for lower wages.

The following benefits are retained during the 21-week maternity leave (Clauses 5-13.15 and 5-13.16):

- Life insurance
- Health and other applicable insurance plans with copayment
- Vacation accrual or payment in lieu thereof
- Accumulated sick days
- Accumulation of seniority
- Accrual of experience (salary increment)
- Accumulation of continuous service for job security
- The right to apply for posted positions
- The right to defer up to 4 weeks of vacation

<sup>7</sup> Professionals who have not accumulated 20 weeks of service will be entitled only to unpaid leave.

<sup>8</sup> For part-time professionals, the basic weekly salary is the average salary for the 20 weeks preceding the leave. If these 20 weeks include periods of salary, employment, or CNESST insurance, the reference salary used is considered, not the benefits received. In addition, periods of unpaid leave or contract interruption are excluded from the calculation.

## b. Professionals not eligible for QPIP benefits<sup>9</sup> (Clauses 5-13.05 to 5-13.09 and 5-13.13)

Professionals not eligible for QPIP benefits are entitled to 20 weeks of leave; for 12 of those weeks, approximately 90% of their normal salary will be fully paid by the service centre.

The 12 weeks of benefits paid by the service centre are insurable earnings, which means that at the end of the 12 weeks, the professional will qualify for QPIP benefits. The professional must then ask the service centre for a record of employment.

Note: The situations of those ineligible for QPIP benefits are often complex and need to be reviewed case by case. **Talk to your union.**

2.

Linking the Collective Agreement with the QPIP

If we combine the rights provided by the collective agreement with those of the QPIP, we see that the mother can get income from the service centre or the QPIP over a 50- or 40-week maximum period depending on the plan she has chosen (basic or special).

For the 21-week maternity leave under the collective agreement, the professional is paid about 90% of her normal salary that she gets jointly from the service centre and the QPIP.

The professional then qualifies for leave without pay as an extension of her maternity leave, during which she can get QPIP parental benefits for a maximum period of 29 or 19 weeks depending on which plan she has chosen (basic or special).

### Example 1 – Basic Plan

Maternity Leave (21 weeks)	Week 1 to 18	18 weeks of QPIP maternity benefits (70%) + benefits from the service centre = about 90% of regular salary
	Week 19 to 21	3 weeks of QPIP parental benefits (70%) + benefits from the service centre = about 90% of regular salary
Extension without pay (parental leave)	Week 22 to 25	4 weeks of QPIP parental benefits (70%)
	Week 26 to 50	25 weeks of QPIP parental benefits (55%)
	Total	(21 x about 90%) + (4 x 70%) + (25 x 55%) = an average of about 71% over a 50-week period

### Example 2 – Special Plan

Maternity Leave (21 weeks)	Week 1 to 15	15 weeks of QPIP maternity benefits (75%) + benefits from the service centre = about 90% of regular salary
	Week 16 to 21	6 weeks of QPIP parental benefits (75%) + benefits from the service centre = about 90% of regular salary
Extension without pay (parental leave)	Week 22 to 40	19 weeks of QPIP parental benefits (75%)
	Total	(21 x about 90%) + (19 x 75%) = an average of about 83% over a 40-week period

3.

Pension Plan (RREGOP) Provisions

For the duration of maternity leave (21 weeks), the RREGOP will recognize exactly the same service as if the professional were still at work, without her having to pay contributions or take action of any kind. To learn about extension without pay, see page 14.

4.

What You Need to Do

Give the service centre written notice of your pending maternity leave two weeks before your anticipated departure, along with a medical certificate or a report signed by a midwife attesting to the pregnancy and the expected delivery date (see “Modèle 1” or “Modèle 2” as applicable at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [in French only]).

Apply for benefits on the QPIP website at [rqap.gouv.qc.ca/en](http://rqap.gouv.qc.ca/en)

Send the service centre proof of your QPIP eligibility (see “Modèle 3” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [in French only]).

Send the service centre a vacation deferral request, where applicable, at least two weeks before your leave ends (see “Modèle 9” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [in French only]).

<sup>9</sup> Ineligible professionals are those who have less than \$2,000 of insurable income in the 52 weeks before they apply for QPIP benefits, despite qualifying period extensions.

# D. Paternity or Adoption Leave

**1.** **Paternity** leave (of five days and five weeks) is reserved exclusively for the father or a same-sex spouse<sup>10</sup> officially designated as one of the child's mothers.

**Collective Agreement Provisions (Clauses 5-13.23 to 5-13.30)**

**Adoption** leave is reserved for parents who adopt a child.

**a. Paternity or adoption leave (Five working days paid at 100% by the service centre<sup>11</sup> (Clause 5-13.23 A) or 5-13.27 A))**

These days may be discontinuous.

**Paternity** leave starts when the mother goes into labour and ends 15 days after she or the child returns home.

**Adoption** leave must be taken between the time the child arrives into care (or five weeks earlier for international adoptions) and 15 days after.

One of the leave days may be taken for the child's christening or registration.

Benefits retained during this leave are the same as those retained for maternity leave, including deferred vacation (see page 9).

**b. Paternity or adoption leave of up to five weeks with additional benefits (Clause 5-13.23 B) or 5-13.27 C))**

To qualify for benefits paid by the service centre, the professional must have accumulated at least 20 weeks of service in the public or broader public sectors in the course of his or her career.

The parent **eligible** for QPIP benefits is entitled to a leave of five weeks:

- With additional benefits paid by the service centre (difference between QPIP and 100% of salary)
- Taken consecutively (subject to paragraphs D) and E) of Clause 5-13.23 or paragraphs E) and F) of Clause 5-13.27 – see page 16)
- Concurrent with QPIP exclusive paternity or adoption benefits
- Starting no earlier than the week of delivery and ending no later than 78 weeks after (paternity)
- Starting no earlier than the week the child arrives at home<sup>12</sup> or five weeks before for international adoption, and ending no later than 78 weeks after (adoption)

Benefits retained during this leave are the same as those retained for maternity leave, including deferred vacation (Clause 5-13.23 G) or 5-13.27 H), see page 9).

Note: A person must be receiving QPIP benefits to qualify for additional benefits from the service centre (paternity, parental or adoption). For example, a father who chose the Special Plan and would like a five-week leave must receive parental benefits after his three weeks of paternity benefits to qualify for further benefits in his last two weeks of leave (Clause 5-13.01).

**2. a. Paternity leave**

**Linking the Collective Agreement with the QPIP**

Under the collective agreement, professionals may take up to three separate but non-divisible leaves of absence that do not necessarily need to be consecutive.

First, during the five-day paid paternity leave (Clause 5-13.23 A)), professionals get their usual salary from the service centre.

Second, during the maximum five-week paternity leave (Clause 5-13.23 B)), professionals get the equivalent of 100% of their salary when QPIP benefits and service centre complementary payments are included.

Third, professionals may take unpaid leave as an extension of paternity leave (parental leave, Clause 5-13.33 B)), during which they can get paternity benefits (if any remain) or QPIP parental benefits **but will not have access to any supplement from the service centre.**

It is important to note that the paternity leave and the unpaid leave as an extension of paternity leave<sup>13</sup> (parental leave) may be taken in no particular order (see Example 2).

<sup>10</sup> Throughout this document, any mention of the father or paternity leave also applies to a same-sex spouse.

<sup>11</sup> These 5 days **are not** considered as concurrent income which would be deducted from QPIP benefits. In certain service centres, the professional can also supplement this leave with sick days, which may be useful if the child is born mid-week (see page 18). **Talk to your union.**

<sup>12</sup> The moment the person assumes responsibility for the child "for adoption purposes" is deemed the starting point for the rights provided by both the QPIP and the collective agreement.

<sup>13</sup> Despite its name, this leave can actually be taken **before** a paternity leave.

## Example 1 – Two Separate Leaves (QPIP Basic Plan)

Leave 1	Week 1: March 9 to 13, 2026	Paid paternity leave: 5 days with 100% paid by the service centre
Leave 2	Weeks 2 to 6: March 16 to April 17, 2026	Up to 5 weeks of paternity leave: 5 weeks of paternity benefits with 70% paid by the QPIP + remaining 30% paid by the service centre = 100%

## Example 2 – Three Separate Leaves (QPIP Basic Plan)

Leave 1	Week 1: March 9 to 13, 2026	Paid paternity leave: 5 days with 100% paid by the service centre
Leave 2	Weeks 2 to 9: May 4 to June 26, 2026	Unpaid leave as extension of paternity leave: 8 weeks of paternal benefits at 70% or 55% paid by the QPIP (no supplement from the service centre)
Leave 3	Weeks 10 to 14: January 4 to February 5, 2027	Up to 5 weeks of paternity leave: 5 weeks of paternity benefits with 70% paid by QPIP + remaining 30% paid by the service centre = 100%

Example 2 is just one of many examples of the possibilities available to fathers when planning their leaves. In this case, the father may have wanted to first take the 8 weeks of paternal benefits required to have access to the 4 weeks of additional benefits available to parents who opt for the minimum shareable benefits (see page 4). We can also suppose that he chose to take his paternity leave and his paternity benefits once his spouse is back at work to ensure a longer presence with the child.

### b. Adoption leave

If we combine the rights provided by the collective agreement with those of the QPIP, we see that the professional can get income from the service centre or the QPIP over a maximum period of 51 or 41 weeks depending on the plan she has chosen (basic or special).

During five-day paid adoption leave under the collective agreement, professionals are paid 100% of their regular salary by the service centre.

During five-week adoption leave under the collective agreement, professionals are paid 100% of their regular salary jointly by the service centre and the QPIP.

They then qualify for leave without pay as an extension of their adoption leave, after which they will get no more salary or benefits from the service centre but may keep receiving QPIP adoption benefits for up to 45 or 35 weeks depending on the chosen plan (basic or special).

## Example 1 – Basic Plan

Week 1	5 days paid by the service centre = 100% of regular salary
Week 2 to 6	5 weeks of adoption benefits or adoption-related welcome and support benefits paid by the QPIP (70%) + service centre benefits = 100% of regular salary
Week 7 to 26	20 weeks of QPIP adoption benefits or adoption-related welcome and support benefits (70%)
Week 27 to 51	25 weeks of QPIP adoption benefits or adoption-related welcome and support benefits (55%)
Total	$(6 \times 100\%) + (20 \times 70\%) + (25 \times 55\%)$ = an average of about 66.2% over a 51-week period

## Example 2 – Special Plan

Week 1	5 days paid by the service centre = 100% of regular salary
Week 2 to 6	5 weeks of adoption benefits or adoption-related welcome and support benefits paid by the QPIP (75%) + service centre benefits = 100% of regular salary
Week 7 to 41	35 weeks of QPIP adoption benefits or adoption-related welcome and support benefits (75%)
Total	$(6 \times 100\%) + (35 \times 75\%)$ = average of 78.7% over a 41-week period

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**3.**  
**Adopting  
the Child of  
a Spouse  
(Clause  
5-13.27 B)**

Professionals who adopt the child of their spouse are entitled to five workdays of leave where only the first two are paid. These leave days may be discontinuous but must be taken within 15 days after the adoption application is filed.

Persons who adopt the child of their spouse are fully entitled to QPIP adoption benefits or adoption-related welcome and support benefits (50 or 40 weeks, depending on the chosen plan). To benefit, simply ask the service centre for an unpaid extension of your five-day adoption leave.

Benefits retained during this leave are the same as those retained for maternity leave (see page 9).

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**4.**  
**Pension Plan  
(RREGOP)  
Provisions**

During five-day paid paternity or adoption leave, regular RREGOP contributions are deducted by the service centre.

Throughout the five-week paternity or adoption leave under the collective agreement, RREGOP contributions are deducted from regular salary as if the professional were working. There is therefore no loss of rights under the RREGOP and no action needs to be taken. To learn about extension without pay, see page 14.

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**5.**  
**What You  
Need to Do**

For a paid (5 days) paternity or adoption leave, apply in writing to the service centre as soon as possible and include a medical certificate showing the date of birth or a document confirming the adoption request (see “Modèle 4” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [in French only]).

For a paternity or adoption leave of up to five weeks, apply at least **three weeks** in advance (see “Modèle 5” or “Modèle 6”, depending on the case, at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [in French only]).

Apply for paternity, welcome and support, or adoption benefits online on the QPIP website ([rqap.gouv.qc.ca/en](http://rqap.gouv.qc.ca/en))

Send the service centre proof of your QPIP eligibility (see “Modèle 3” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [In French only]).

# E. Leave Without Pay to Extend Maternity, Paternity or Adoption Leave (“Parental Leave”)

1. There are two options for leave without pay.

Collective Agreement Provisions (Clauses 5-13.33 to 5-13.38)

## Option “A”: Full- or part-time unpaid leave for up to two years

- Option to change the selection (from full-time to part-time or vice versa) once with 30 days’ notice
- May be terminated early with 21 days’ notice or 30 days’ notice if leave exceeds 65 weeks

## Option “B”: Full-time leave without pay for no more than 65 continuous weeks

- Starts at a time decided by the professional and may precede the paternity or adoption leave
- Ends no later than 85 weeks after the child is born or, in the case of an adoption, 85 weeks after the child is placed with the parent
- May be terminated early with 21 days’ notice

The following benefits are maintained during leaves of absence without pay in extension of maternity, paternity or adoption leave (Clause 5-13.34):

- Accumulation of seniority
- Accumulation of experience for first 65 weeks (salary increment)
- Maintenance of experience after first 65 weeks
- Vacation accrual or payment in lieu thereof for up to 60 days per school year (Clause 7-7.03)
- Health insurance (payment of copayments for the first 65 weeks and total premiums thereafter) and other applicable insurance plans
- Accumulation of continuous service for employment security purposes (Clause 5-6.02)

Note: Any of these leaves may be terminated upon simple notice. However, to extend a leave of absence, you need the agreement of the service centre, which may refuse. To avoid unforeseen circumstances, it may be wise to initially opt for the longest leave (Option “A”) and terminate it at the appropriate time.

2.

Linking the Collective Agreement with the QPIP

During either of these extensions without pay, professionals do not receive any salary or allowance from the service centre. However, they will get the number of weeks of paternity, parental, welcome and support, or adoption benefits for which they qualify under the QPIP based on the chosen plan and the sharing of benefits with their spouse, where applicable. Visit [rqap.gouv.qc.ca/en](http://rqap.gouv.qc.ca/en) to learn more.

Note: Any professional who wishes to do so may take leave without pay for a period longer than the duration of QPIP benefits, in which case the weeks after the benefits end will be without income unless the professional returns to work part-time.

3.

Pension Plan (RREGOP) Provisions

Professionals must request a buy-back if they want to be credited with service for their leave without pay.<sup>14</sup> The cost of the buy-back will then be the same as the contributions that would have been deducted had the professional been at work,<sup>15</sup> as long as the buy-back is requested within six months after the leave without pay ends. The buy-back can still take place after six months, but the cost will be based on a percentage of salary that may vary depending on the professional’s age when the request is made. The cost will be greater in the latter case. In all cases, the buy-back may be paid for through monthly bank withdrawals by Retraite Québec or through RRSPs. To learn more, visit [retraitequebec.gouv.qc.ca/en](http://retraitequebec.gouv.qc.ca/en). **Talk to your union.**

4.

What You Need to Do

Send a written notice to the service centre at least **three weeks** (or 30 days if part-time) before the end of the maternity, paternity or adoption leave (see “Modèle 10” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [In French only]).

To switch from full-time to part-time leave (or vice versa), make a request 30 days in advance (see “Modèle 11” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [In French only]).

Apply for benefits on the QPIP website at [rqap.gouv.qc.ca/en](http://rqap.gouv.qc.ca/en)

Two weeks before your leave without pay ends, send a written notice confirming your return to work (see “Modèle 12” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [In French only]).

To end your leave early, send a written notice 21 days in advance (if leave is less than 65 weeks) or 30 days in advance (if leave is more than 65 weeks), see “Modèle 13” at [securitesociale.lacsq.org/droits-parentaux](http://securitesociale.lacsq.org/droits-parentaux) [In French only].

Arrange to pay group insurance premiums with the service centre or the insurer.

To apply for a RREGOP buy-back, complete the [Application for a buy-back of one or more periods of absence](#).

<sup>14</sup> Professionals can also choose to let the RREGOP “90-day bank” offset all or part of the leave. **Talk to your union.**

<sup>15</sup> For part-time leave with more than 20% of a full workload, the buy-back cost will be proportional to the percentage of time absent from work. If the leave is for 20% or less, the contribution will be as though the person were at work full-time.

# F. Special Situations

Note: The collective agreement and the QPIP make provisions for a number of special situations. For each of the following, and for others not described below, **it is important that you talk to your union.**

## 1. Professionals at end of contract

When a contract ends before the end of a leave covered by Clause 5-13.00, the leave is temporarily suspended. It will resume if the professional then gets a new contract, but from the point where it would have been had it not been suspended.

### Example

Maternity leave	From June 8 to October 30, 2026
From June 8 to June 26, 2026: start of maternity leave (3 weeks)	QPIP benefits + benefits paid by the service centre = about 90%
From June 29 to August 21, 2026: interruption between 2 contracts (8 weeks)	QPIP benefits = 70%
From August 24 to October 30, 2026: remainder of maternity leave (10 weeks)	QPIP benefits + benefits paid by the service centre = about 90%

In this example, it is important to understand that once maternity leave has begun, nothing can interrupt the 21-week countdown. This is why the leave will end on October 30 despite the interruption between two contracts, with the result that the professional loses her right to eight weeks of additional benefits.

If the delivery date is during summer, a professional at the end of a contract may also qualify for EI benefits until the week before she gives birth. **Talk to your union.**

In addition, when QPIP benefits end during spring, the professional may be unable to work enough hours to qualify for summer EI benefits. **Talk to your union.**

Note: When professionals are on the priority list or are offered a position by virtue of this list, they may accept the position while continuing their leave (maternity, parental, preventive leave, complications or risk of miscarriage) so they can keep accumulating all related rights and benefits (seniority, experience, sick days, group insurance maintenance, accumulated service, RREGOP buy-back rights, etc.).

## 2. Professionals who become pregnant during leave without pay under the parental rights provisions (Clause 5-13.05 B)

Professionals are entitled to end their leave without pay and start a new maternity leave and associated benefits. If the leave without pay does not fall under parental rights, other conditions may apply. QPIP eligibility or service centre complementary benefits may also be impacted by a long absence without pay or a part-time return to work. **Talk to your union.**

## 3. Closely spaced pregnancies (Section 31.1 of the Regulation under the Act respecting parental insurance)

Two pregnancies in quick succession can adversely affect QPIP eligibility or benefit amounts, especially for a professional who has taken preventive leave. However, there are ways to remedy such issues, which vary from one case to another. For example, for closely spaced pregnancies preceded by preventive leaves, Section 31.1 of the Regulation allows the person, under certain strict conditions, to use exactly the same qualifying period as that used for the previous child (if at least 89 weeks of CNEST or QPIP benefits were received in the 104 weeks prior to the second benefit application). **Talk to your union.**

## 4. Maternity or adoption during a sabbatical with deferred salary (Clause 7-4.00, Section 2 of Collective Agreement)

Based on your specific circumstances, this situation can have various implications for both the collective agreement and the QPIP. **Talk to your union.**

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## 5. Suspension, division or extension of maternity, paternity, adoption or unpaid leave (Clauses 5-13.08 and 5-13.09)

Professionals **are entitled** to the suspension, division or extension of either of these leaves, on certain grounds and subject to certain conditions (when the child is hospitalized<sup>16</sup> or when the professional has an accident or falls ill, for instance). The QPIP also provides for suspensions based on the same grounds. In the event of accident or illness, under certain conditions, professionals may also be entitled to CNESST or EI disability benefits. **Talk to your union.**

In addition, it is also possible to ask that paternity, adoption or unpaid leave be divided into weeks without having to invoke the preceding grounds, **but only if the service centre agrees. Talk to your union.**

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## 6. Termination of pregnancy (miscarriage or abortion) as of the start of the 20<sup>th</sup> week before the expected delivery date (Clause 5-13.05)

The professional is entitled to 21-week maternity leave under the collective agreement and to QPIP maternity benefits but not to parental benefits.<sup>17</sup>

The father is entitled to five days of paid leave under the collective agreement but not to five weeks of paternity leave or to QPIP paternity or parental benefits.

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## 7. Supplementary benefits for persons with more than one employer

If a professional has more than one employer, the service centre, when calculating additional benefits (maternity, paternity or adoption), must factor in only the portion of QPIP benefits generated by the salary it has paid. **Talk to your union.**

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## 8. Persons with self-employment income (business income)

When professionals have business income (self-employed workers), they can choose whether or not to factor it in the calculation of their QPIP benefits, in addition to their job earnings. The QPIP's Centre de service à la clientèle can do a "double calculation" to help you choose the best option. Visit [rqap.gouv.qc.ca/en](http://rqap.gouv.qc.ca/en) to learn more.

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## 9. Parental obligation leave (Clause 5-13.39)

To look after a minor child whose affective disorders, disability or illness requires a parent's presence, professionals will be granted unpaid leave on a part-time or full-time basis for up to one year.

To learn about retained rights and RREGOP buy-backs, see page 14.

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## 10. Use of sick leave to support parental rights

In certain service centres, it is possible to use sick days **for any leave covered by Clause 5-13.00**. This applies to maternity, paternity or adoption leave, unpaid leave, preventive leave, compassionate leave, or leave for pregnancy complications or risk of miscarriage. This can be quite useful to complete a week when one of these leaves begins or ends in the middle of a week. **Talk to your union.**

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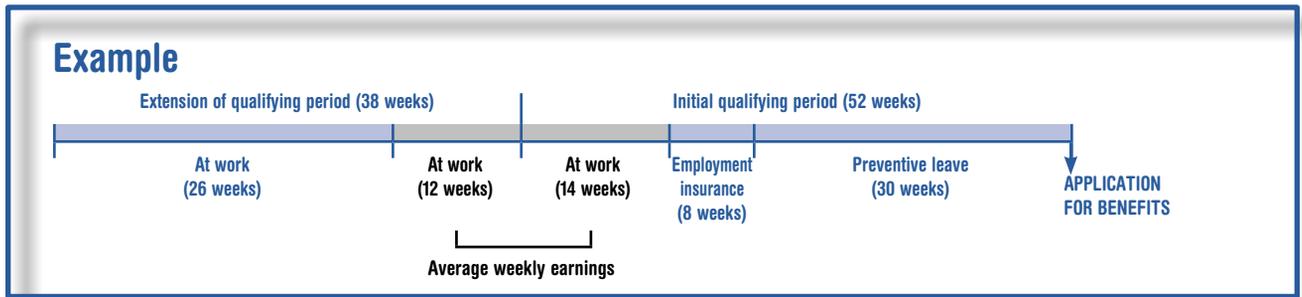
<sup>16</sup> If the child is critically ill or hospitalized, the professional may be entitled to EI benefits for a critically ill child.

<sup>17</sup> Service centre benefits are payable only during the 18 weeks that QPIP maternity benefits are paid.

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### 11. Extending the qualifying period

When the qualifying period has less than 26 weeks of insurable earnings, it may be extended if reasons can be found in Section 32 of the Regulation under the Act respecting parental insurance (e.g. preventive leave, EI benefits, QPIP benefits for a previous child). Where applicable, the extension will be automatically applied by the QPIP up to a maximum of 104 weeks preceding the benefit claim.



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### 12. Decline in insurable earnings in the weeks preceding the benefit claim (“small weeks”) (Section 31.2 of the Regulation under the Act respecting parental insurance)

If there is a decline in insurable earnings in the weeks preceding a claim, Section 31.2 of the Regulation, on certain conditions, allows for the qualifying period to be moved so that it starts before the week with the most recent decline in earnings. One such condition is that you must have had a second type of income apart from your job (e.g. CNESST, QPIP, Employment Insurance). As of 2012, thanks to the efforts of the CSQ, this provision now also applies to salary insurance paid by the employer. **Talk to your union.**

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### 13. Early start of benefit period

At times, it may be useful to start a benefit period several weeks before you want to start receiving the benefits. This option can help you search further back in time for weeks with insurable earnings or exclude undesirable weeks (“small weeks”) that might occur after you file the benefit claim. This is the case, for instance, if a good contract is followed by a poorer one in the weeks preceding the time you want to start receiving QPIP benefits. However, two conditions must be met: you must have had an interruption of earnings, and you must be within 16 weeks of the expected birth. **Talk to your union.**

## PERSONAL TIMELINE – MATERNITY LEAVE REQUIRED NOTICES AND DEADLINES

Event	Deadline	Date
Written notice to service centre with medical certificate (“Modèle 1”)	2 weeks before start of leave	
Start of leave		
Application for QPIP benefits	As of the start of leave	
Submission of proof of eligibility for QPIP maternity benefits (“Modèle 3”)	Upon receipt	
Expected date of the birth		
Actual date of the birth		
Receipt of notice of return to work from the service centre	4 weeks before end of leave	
Notice of deferred vacation (“Modèle 9”)	2 weeks before end of leave	
Notice of extension without pay (“Modèle 10”)	2 weeks before end of leave	
End of maternity leave (21 weeks)		
Deferred vacation (where applicable)		From _____ to _____
Start of extended leave without pay		
Notice of change in leave (“Modèle 11”)	30 days in advance	
Receipt of notice of return to work from the service centre	4 weeks before end of leave	
Notice of return to work on predetermined date (“Modèle 12”)	2 weeks before return	
Notice of return to work prior to predetermined date (“Modèle 13”)	Advance notice of 21 days or 30 days	
End of extended leave without pay		
Buy-back of unpaid leave from Retraite Québec	No more than 6 months after end of leave	



